



Sakhi for South Asian Women is a New York City-based organization committed to ending violence against women of South Asian origin. Founded in 1989, Sakhi began as a primarily volunteer organization. Sakhi now has a full-time staff of 7 and 60 active volunteers. The word "Sakhi" means "woman friend" in several South Asian languages.

Sakhi believes violence against women is a serious crime as well as a health and human rights issue. Violence affects women from all backgrounds and can be physical, emotional, sexual, and/or economic. Our silence as a community allows this abuse to continue. Join us to build a community free of violence.



**Sakhi provides referrals and resources to women**

Provides legal, health and job training information ~ Refers women to immigration and matrimonial lawyers ~ Helps women find shelters and access public assistance ~ Identifies counselors ~ Organizes support groups ~ Holds English as a Second Language and computer classes

**Sakhi raises awareness about violence against women**

Writes articles and gives interviews with the media ~ Conducts workshops in schools and community and religious centers ~ Leaflets in different South Asian neighborhoods ~ Organizes conferences, film screenings and panel discussions ~ Participates in cultural events

**Sakhi conducts several kinds of trainings**

Trains volunteers to work directly with women who face abuse ~ Provides community outreach and education training ~ Builds leadership and advocacy skills

**Sakhi disseminates informational materials in many South Asian languages**

Creates and distributes resource pamphlets ~ Produces audio-visual materials and Public Service Announcements ~ Informs the community about activities through quarterly newsmagazines ~ Maintains a resource library

**Sakhi networks with organizations that share the same values**

Influences policies concerning women, particularly immigrant survivors of violence ~ Co-sponsors seminars and conferences ~ Builds coalitions with other women's rights and social justice organizations

**Sakhi is a non-profit organization**

To volunteer or for more information please contact us at:

P.O. Box 20208  
Greeley Square Station  
New York, NY 10001-0006  
Tel: (212) 714-9153 Fax: (212) 564-8745  
Helpline: (212) 868-6741

All services are FREE and CONFIDENTIAL

Additional resources:

National Coalition Against Domestic Violence  
1-800-799-7233

Safe Horizon  
1-800-621-4673

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

- I would like to volunteer for Sakhi.
  - I would like information about your monthly activities. Enclosed is my annual check for \$25 for the *Voices of Sakhi* newsmagazine.
  - I would like to make a tax-deductible contribution. Enclosed is my check for \$\_\_\_\_\_
- Please make checks payable to Sakhi for South Asian Women and send to the mailing address listed above.